

# Ringling

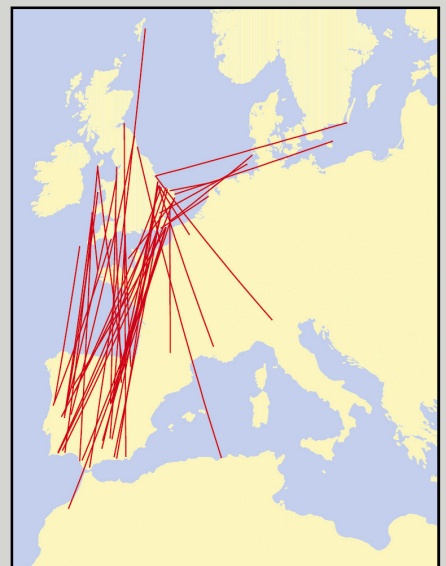


Redstart (Mark Grantham)

By marking birds with individually **numbered rings**, we can get incredible insights into their lives. We can also track birds over their annual migrations - Manx Shearwaters spend their winters off the coast of South America and one bird has been making this journey for over 50 years!

Ringling a bird is only half the story though, and we are relying on **YOU** to help us by keeping an eye out for ringed birds. These can be reported online at:

**[www.ring.ac](http://www.ring.ac)**



Redstart migration (*Migration Atlas*)

**[www.bto.org/ringing](http://www.bto.org/ringing)**

# MOVEMENTS